

**WHERE
TO GO
WHEN YOU NEED
HELP**

2013 EDITION

WHERE TO GO WHEN YOU NEED HELP

2013 Edition

Compiled by



EFMR
MONITORING GROUP

4100 Hillsdale Road
Harrisburg, PA 17112
717-541-1101

www.efmr.org

We hope this publication is helpful to you. If you are not certain a listing has exactly the help you need, try contacting one that you think is a close match to your need. Chances are someone can refer you to the right resource.

Toll-free numbers and others listed may require that you dial "1" first.

Edited by Tom Dochat

TABLE OF CONTENTS

Abuse	4
Adoption	5
Aids	5
Alcohol Problems	6
Breast Cancer	7
Bullying	7
Child Abuse	7
Children	8
Consumer Protection	10
Disabilities	10
Drug Problems	11
Eating Disorders	12
Education For Adults	12
Emergency Help	13
Ethnic/Racial Discrimination or Intimidation	14
Food Assistance	14
Gambling	16
Gay/Lesbian Organizations	16
Heating Assistance	17
Hispanic Community	18
Housing	18
Immigration	19
Legal Aid	20
Medical	20
Mental Health	22
Mentors	23
Parenting	24
Pregnancy Services	25
Poison	25
Rape	25
Senior Citizens	26
Shelters	27
Soup Kitchens	28
Teens	29
Veterans	30
Victims	30
Volunteer	31
Women	31
HELP BY AREAS	
Cumberland And Perry Counties	33
York County	36
Upper Dauphin County	37

ABUSE

(See also CHILD ABUSE,
RAPE and WOMEN)

ACCESS YORK

(YWCA York)

*Dedicated to helping victims and
their children who suffer from abuse or
threatened abuse; assists in preparing a
Protection From Abuse (PFA) petition.*

800-262-8444

717-846-5400

717-637-2235 (Hanover)

www.ywcayork.org/victim-services

CHILDLINE

*State child abuse registry. To report
suspected child abuse or request child
abuse history clearance form.*

800-932-0313

DOMESTIC VIOLENCE HOTLINES

(by county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON: 800-621-6660

JUNIATA: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

MIFFLIN: 717-242-2444

NORTHUMBERLAND/UNION/
SNYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYLKILL: 570-622-6220

YORK: 800-262-8444

DOMESTIC VIOLENCE INTERVENTION

*Women's shelter and
counseling service in Lebanon.*

717-273-7190

866-686-0451

www.dviolc.org

FUTURES WITHOUT VIOLENCE

Information on family violence issues.

Washington office

202-595-7382

www.futureswithoutviolence.org

HERO PROJECT

*If you suspect a child is being sexually
abused and would like to talk it over with
someone before taking action, call the
24-hour Hero Hotline.*

877-874-HERO

www.hero-project.org

MIDPENN LEGAL SERVICES

*Offers assistance in filing a
protection from abuse (PFA) petition.*

Harrisburg office:

213-A N. Front St., Harrisburg

717-232-0581

800-932-0356

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle

717-243-9400

800-822-5288

Lebanon office:

513 Chestnut St., Lebanon

717-274-2834

800-326-9177

York office:

29 N. Queen St., York

717-848-3605

NATIONAL DOMESTIC VIOLENCE HOTLINE

800-799-7233

TDD: 1-800-787-3224

NATIONAL SEXUAL VIOLENCE RESOURCE CENTER

123 N. Enola Drive, Enola

717-909-0710

877-739-3895

www.nsvrc.org

PENNSYLVANIA COALITION AGAINST DOMESTIC VIOLENCE

Private nonprofit organization working to eliminate domestic violence, secure justice for victims, enhance safety for families and communities and create lasting systems and social change.

545-6400

800-932-4632

3605 Vartan Way, Suite 101

Harrisburg

www.pcadv.org

PENNSYLVANIA COALITION AGAINST RAPE

Help for victims of sexual abuse, including information, referrals and resources.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

www.pcar.org

PINNACLE HEALTH CHILDREN'S RESOURCE CENTER

Serving Dauphin, Cumberland, Perry and Lebanon counties to help victims of child abuse or neglect, with medical evaluations, interviews and treatment when abuse is suspected; children receive all necessary care in one visit.

Located on the first floor of the

Community Health Center

2645 North Third Street, Harrisburg

717-782-6800

www.pinnaclehealth.org/crc/

SEXUAL ASSAULT RESOURCE & COUNSELING CENTER

717-272-5308 (hotline)

615 Cumberland St., Lebanon

YWCA OF GREATER HARRISBURG

HOTLINE

800-654-1211

717-238-7273

www.ywcahbg.org

ADOPTION

ADOPTIONS FROM THE HEART

Non-profit, nonsectarian agency.

800-355-5500

Central PA office

717-232-1787

717-399-7766

1525 Oregon Pike, Suite 402

Lancaster

www.adoptionsfromtheheart.org

CATHOLIC CHARITIES

Office of Adoption Services

717-564-7115

939 East Park Drive, Suite 103

Harrisburg

COMMON SENSE ADOPTION SERVICES

717-412-0772

3001 Market St., Camp Hill

www.commonsenseadoption.org

JEWISH FAMILY SERVICE OF GREATER HARRISBURG INC.

717-233-1681

3333 N. Front St., Harrisburg

www.jfsofhbg.org

SWAN

Pennsylvania Adoption Exchange

Department of Public Welfare

Statewide adoption network, foster parenting information.

800-585-SWAN

www.adoptpakids.org

AIDS

AIDS FACTLINE

Confidential AIDS counseling.

800-662-6080

ALDER HEALTH SERVICES

Free testing and confidential counseling.

800-867-1550

717-233-7190

100 N. Cameron St. Suite 301

Harrisburg

www.alderhealth.org

**CENTER FOR DISEASE CONTROL
NATIONAL AIDS HOTLINE**

800-CDC-INFO (800-232-4636)

TTY: 888-232-6348

24 hours a day, 7 days a week

www.cdc.gov/hiv/

**FAMILY HEALTH COUNCIL
OF CENTRAL PA**

717-761-7380

3461 Market Street, Camp Hill

www.fhccp.org

HOPE HOUSE

Hope House is a personal care home that provides a safe, supportive, and structured environment for adults living with HIV/AIDS whose disease process is such that they are unable to live independently without a caregiver.

717-293-9089

1509 Crescent Ave., Lancaster

THE HOPE PROGRAM

Provides HIV/AIDS education

and prevention programs,

HIV treatment and other services.

Part of Hamilton Health Center.

717-230-3949

LOAVES OF LOVE FOOD PANTRY

Focused on serving the needs of people living with AIDS and HIV.

Harris Street

United Methodist Church

250 Harris St., Harrisburg

717-238-4036

PA DEPARTMENT OF HEALTH

877-724-3258

PINNACLEHEALTH – REACCH

717-782-2750

2501 N. Third St., Harrisburg

ALCOHOL PROBLEMS**ALCOHOLICS ANONYMOUS**

717-234-5390

www.aaharrisburg.org

**ALCOHOLICS AND NARCOTICS
HELPLINE**

24 hours

717-238-5920

AL-ANON/ALATEEN

For information on where

to find a local meeting:

888-425-2666

www.pa-al-anon.org

www.al-anon.alateen.org

BABY LOVE

Designed to meet the physical, emotional and social needs of pregnant and postpartum women who are using alcohol, tobacco and other drugs.

1-866-530-2229

www.harrisburgbabylove.com

BETHESDA MISSION

Helmsman program helps lives affected by drug and alcohol addiction.

611 Reily St., Harrisburg

717-257-4440

www.bethesdamission.org

CONTACT HELPLINE

Information and referral service

800-932-4616

717-652-4400

717-249-6226 (Carlisle area)

**DAUPHIN COUNTY DEPARTMENT
OF DRUG & ALCOHOL SERVICES**

1100 S. Cameron St., Harrisburg

717-635-2254

MOTHERS AGAINST DRUNK DRIVING (MADD)

Has an ongoing agenda to educate youth about the dangers of impaired driving and underage drinking, as well as adult education programs.

Pennsylvania office
717-657-3911
4309 Linglestown Road, #209
Harrisburg
www.madd.org

PERRY HUMAN SERVICES

Provides drug and alcohol services, adult social services, and educational programs in the schools and in the community.

717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield

THE RASE PROJECT

Assists individuals affected by substance abuse.

100 N. Cameron St.,
Suite 401-E, Harrisburg
717-232-8535
www.raseproject.org

SALVATION ARMY ADULT REHABILITATION CENTER

717-541-0203

TEEN CHALLENGE HARRISBURG

Faith-based residential program for drug and alcohol abuse problems

717-303-5829
www.harrisburgtc.org

YORK RESCUE MISSION

City soup kitchen and homeless shelter

717-845-7662
363-373 West Market Street, York
www.yorkrescuemission.org

BREAST CANCER

CANCER INFORMATION SERVICE

(National Cancer Institute)
800-422-6237
www.cancer.gov

PENNSYLVANIA BREAST CANCER COALITION

800-377-8828
717-721-2580
www.pabreastcancer.org

BULLYING

ANTI-DEFAMATION LEAGUE

www.noplaceforhate.org

PENNSYLVANIA STUDENT EQUALITY COALITION

717-743-1035
PO Box 400, Harrisburg, 17108

CHILD ABUSE

TO REPORT CHILD ABUSE

Pennsylvania Department of Public Welfare's registry:
800-932-0313
717-783-1964

AMERICAN HUMANE ASSOCIATION

www.americanhumane.org/children

ASSOCIATION OF SITES ADVOCATING CHILD PROTECTION

Dedicated to elimination of child pornography on the Internet
www.asacp.org

CHILD HELP

National Child Abuse Hotline to report suspected child abuse.
800-422-4453
800-4-A-CHILD

HERO PROJECT

If you suspect a child is being sexually abused and would like to talk it over with someone before taking action, call the 24-hour Hero Hotline.

877-874-HERO

www.hero-project.org

OFFICE OF THE VICTIM ADVOCATE

Represents the interests of crime victims.

800-563-6399

TTD: 877-349-1064

800-322-4472

PENNSYLVANIA COALITION AGAINST RAPE

Help for victims of sexual abuse, including information, referrals and resources.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

www.pcar.org

PINNACLE HEALTH CHILDREN'S RESOURCE CENTER

Serving Dauphin, Cumberland, Perry and Lebanon counties to help victims of child abuse or neglect, with medical evaluations, interviews and treatment when abuse is suspected; children receive all necessary care in one visit.

Located on the first floor of the
Community Health Center

2645 North Third Street, Harrisburg

717-782-6800

www.pinnaclehealth.org/crc/

CHILDREN

(See also MEDICAL & TEENS)

BABIES

Pennsylvania Department of Health

800-986-BABY

BETHESDA MISSION YOUTH CENTER

1438 Herr St., Harrisburg

717-257-5483

BOYS AND GIRLS CLUB OF CENTRAL PENNSYLVANIA

After-school services and programs include Smart Girls, Street Smart, Family Support and Power Hour.

717-234-3268

1227 Berryhill Street, Harrisburg

www.bgccp.org

CAPITAL AREA HEAD START

Provides education and other services to low income children and their families.

717-541-9620

3700 Vartan Way, Harrisburg

www.keystonehumanservices.org

CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

A state-funded health insurance for uninsured children and teens, with no income limit for eligibility.

800-986-KIDS

www.chipcoverspakids.com

CHILD CARE WORKS HELPLINE

State subsidized child care program based on income

877-4-PA-KIDS (877-472-5437)

CHILD CARE INFORMATION SERVICES

Cumberland and Perry counties

717-243-4014 or 800-358-8725

Dauphin County

717-233-8454 or 800-952-7419

Lebanon County

717-274-6552 or 888-313-2247

York County

717-854-2273 or 800-864-4925

CHILD FIND OF AMERICA

Independent charity aimed at bringing missing children home.

800-1-AM-LOST(800-426-5678)

www.childfindofamerica.org

CHILDREN'S HOME OF YORK

Provides social services for children.

717-755-1033

77 Shoe House Road, York

www.choyork.org

**CHILDREN & YOUTH
OF DAUPHIN COUNTY**

*Dedicated to the health, safety and
welfare of children and families.*

717-780-7200

www.dauphincounty.org/human-services/children-youth-services

**COMMUNITY ACTION
COMMISSION**

*Various programs ranging from
pre-school children to at-risk youth*
1514 Derry Street, Harrisburg

717-232-9757

www.cactricony.org

COMMUNITY CHECK UP-CENTER

*Provides medical services to
uninsured and underinsured
individuals of South Harrisburg.*

Pediatrics:

8:30 a.m. to 4:30 p.m.

Monday through Friday

Women:

9 a.m. to 4:30 p.m.

Tuesday and Friday

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

**FAMILY HEALTH COUNCIL
OF CENTRAL PA**

717-761-7380

3461 Market Street, Camp Hill

www.fhccp.org

FUTURES WITHOUT VIOLENCE

Information on family violence issues

Washington office

202-595-7382

www.futureswithoutviolence.org

**GREATER HARRISBURG
HEALTHY START**

*A program of Hamilton Health Services
that provides prenatal and postpartum
care for women and children in the
Harrisburg and Steelton area.*

717-909-1278

www.harrisburghealthystart.com

HEALTHY BABY HELPLINE

Help and information for pregnant mothers

800-986-2229

HEALTHY KIDS HELPLINE

Help and information for parents

800-986-5437

**HEIDI SEARCH CENTER
FOR MISSING CHILDREN**

800-547-4435

www.heidisearchcenter.com

**KEYSTONE CHILDREN
AND FAMILY SERVICES**

Provides services to children and families.

717-541-9620

3700 Vartan Way, Harrisburg

**NATIONAL CENTER FOR MISSING
& EXPLOITED CHILDREN**

*Call to report missing children
and suspected child porn activity*

800-843-5678

www.missingkids.com

NEW HOPE MINISTRIES

*After school children and youth programs
from the Dillsburg, Dover, Enola, Lemoyne,
Mechanicsburg and Wellsville areas, as
well as summer camp programs.*

211 S. Baltimore St., Dillsburg

717-432-2087

www.nhp-pa.org

**NORTHERN DAUPHIN
HUMAN SERVICES CENTER**

Children and youth services

295 State St. Elizabethtown

717-893-3344

PHOENIX YOUTH CENTER INC.

717-838-0302

325 S. Railroad St., Suite 6, Palmyra

SPECIAL KIDS NETWORK HELP PA

*Centralized database of available
services and referrals for children with
chronic or disabling health conditions.*

800-986-4550

UNITED METHODIST HOME FOR CHILDREN INC.

Provides emergency shelter and residential treatment for children on 56-acre campus in Cumberland County. Children are referred to the home primarily by county children and youth agencies and family courts.

717-766-7652

5120 Simpson Ferry Road
Mechanicsburg

www.umhcservices.org

WIC

A federally funded program that provides healthy supplemental foods and nutrition services for pregnant women, new mothers, infants and children under age five.

800-WIC-WINS

www.pawic.com

YORK COUNTY CHILDREN & YOUTH SERVICES

717-846-8496

800-729-9227

www.yccys.org

YOUTH ADVOCATE PROGRAM, INC.

2007 N. Third St., Harrisburg
717-232-7580

CONSUMER PROTECTION

(See also EMERGENCY HELP
& HEATING ASSISTANCE)

ATTORNEY GENERAL'S OFFICE

Consumer Protection Hotline
800-441-2555

Strawberry Square
Harrisburg, PA 17120

Consumer Health Care Section
877-888-4877 or 717-705-6938

BETTER BUSINESS BUREAU

717-364-3250

CONSUMER ADVOCATE

Represents Pennsylvania consumers regarding matters of their utility service.

800-684-6560

717-783-5048

Office of Consumer Advocate

555 Walnut St., 5th Floor,
Forum Place, Harrisburg

www.oca.state.pa.us/

FLOOD INFORMATION

888-FLOOD-10

PENNSYLVANIA DEPARTMENT OF INSURANCE

1326 Strawberry Square
Harrisburg, PA 17111

877-881-6388

www.insurance.pa.gov

TELEMARKETERS

To register your phone number on the Do-Not-Call list at no cost:

888-382-1222

www.donotcall.gov

DISABILITIES

THE ARC OF CUMBERLAND AND PERRY COUNTIES

For people with intellectual and developmental disabilities.

717-249-2611

71 Ashland Ave., Carlisle

www.cparc.org

THE ARC OF DAUPHIN COUNTY

For people with intellectual and developmental disabilities.

717-920-2727

2569 Walnut St., Penbrook

www.arcofdc.org

CENTER FOR INDEPENDENT LIVING

Mission is to eliminate and prevent barriers that people with disabilities experience by providing ongoing advocacy and offering innovative programs and services.

717-731-1900

800-323-6060

207 House Ave., Suite 107, Camp Hill

www.cilcp.org

S. JUNE SMITH CENTER

Supports children with developmental needs.

717-299-4829

600-I Eden Road, Lancaster

www.sjunesmith.com

KEYSTONE HUMAN SERVICES

717-232-7509

124 Pine St., Harrisburg

keystonehumanservices.org

UNITED CEREBRAL PALSY CENTRAL PA

925 Linda Lane, Camp Hill

717-737-3477

800-998-4829

www.ucpcentralpa.org

WORKS FOR ME

A free resource that can direct people to agencies and programs that help people with disabilities who want to work and improve their financial security.

877-268-9894

worksforme-pa.org

DRUG PROBLEMS

BABY LOVE

Designed to meet the physical, emotional and social needs of pregnant and postpartum women who are using alcohol, tobacco and other drugs.

1-866-530-2229

www.harrisburgbabylove.com

BETHESDA MISSION

Helmsman program helps lives affected by drug and alcohol addiction

611 Reilly St., Harrisburg

717-257-4440

www.bethesdaMISSION.org

CONTACT HELPLINE

Local information and referral service

800-932-4616

717-652-4400

717-249-6226 (Carlisle)

NARCOTICS ANONYMOUS

717-233-3733

NATIONAL INSTITUTE ON DRUG ABUSE

301-443-1124

PENNSYLVANIA DEPARTMENT OF DRUG AND ALCOHOL PROGRAMS

717-783-8200

PERRY HUMAN SERVICES

Provides drug and alcohol services, adult social services, and educational programs in the schools and in the community

717-582-8703

Mulhollem Office Centre

8391 Spring Road, New Bloomfield

SALVATION ARMY ADULT REHABILITATION CENTER

717-541-0203

3650 Vartan Way, Harrisburg

ST. MARTIN DE PORRES CATHOLIC WORKER HOUSE

Works with men who have addictions.

1440 Market St., Harrisburg

230-8328

SUBSTANCE ABUSE TREATMENT

www.findtreatment.samhsa.gov

THE RASE PROJECT

*Assists individuals affected
by substance abuse.*

100 N. Cameron St.,
Suite 401-E, Harrisburg
717-232-8535
www.raseproject.org

TEEN CHALLENGE HARRISBURG

*A faith based drug and
alcohol rehabilitation program*

717-303-5829
www.harrisburgtc.org

TIME TO TALK - TALKING TO TEENS ABOUT DRUGS

*Help for parents in starting the
conversation about drugs and alcohol*

www.timetotalk.org

YORK RESCUE MISSION

City soup kitchen and homeless shelter

717-845-7662
363-373 West Market Street, York
www.yorkrescuemission.org

EATING DISORDERS

CONTACT HELPLINE

Information and referral service.
800-932-4616
717-652-4400
717-249-6226 (Carlisle)

NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS

630-577-1330
anad.org

OVEREATERS ANONYMOUS

oa.org

EDUCATION FOR ADULTS

(See also MENTORING)

CENTRAL PENNSYLVANIA LITERACY COUNCIL

717-763-7522
225 Hummel Ave. (rear), Lemoyne

COMMUNITY ACTION COMMISSION

*Success Academy's workforce training
to help develop computer skills and
improve language skills.*

717-232-9757
1514 Derry Street, Harrisburg
www.cacptricounty.org

EMPLOYMENT SKILLS CENTER

*Provides educational, counseling,
training and employment services.*

717-243-6040
29 S. Hanover Street, Carlisle
www.employmentskillscenter.org

NEW HOPE MINISTRIES

*Offers GED classes. Assistance with
building a resume and to secure
employment, along with computer use and
clothing assistance for job interview. Also
offers classes for building a budget and
daily spending/budgeting tools*

*Help is for people in the Dillsburg, Dover
and Mechanicsburg/West Shore areas.*
211 S. Baltimore St., Dillsburg
717-432-2087
www.nhm-pa.org

LITERACY COUNCIL OF LANCASTER-LEBANON

756 Cumberland St., Suite 4, Lebanon
717-274-3461
24 S. Queen St., Lancaster
717-295-5523
www.getliterate.org

PERRY COUNTY LITERACY COUNCIL

Literacy services
133 S. Fifth St., Newport
717-567-7323
www.perryliteracy.com

**TRI-COUNTY OIC
ADULT LEARNING CENTER**

*Provides education and training
services in Cumberland, Dauphin,
Perry and York counties*
500 Maclay St., Harrisburg
717-238-7318
www.tricountyoic.org

**YORK COUNTY
LITERACY COUNCIL**

Literacy services for adults
717-845-8719
800 East King Street, York
www.yorkliteracy.org

YW-WORKS

(YWCA of Greater Harrisburg)
1101 Market St., Harrisburg
234-7931

EMERGENCY HELP

(See also CONSUMER PROTECTION,
HEATING ASSISTANCE AND SHELTERS)

**AMERICAN RED CROSS OF THE
SUSQUEHANNA VALLEY**

717-234-3101
1804 N. Sixth St., Harrisburg
www.sqvalleyredcross.org
Middletown area office:
717-948-3041
60 W. Emaus St., Middletown
Lebanon office:
717-273-2671
1220 Mifflin St., Lebanon

CONTACT HELPLINE

*Emergency counseling and
referral agency for social services;
24 hours a day, 7 days a week.*
800-932-4616
717-652-4400
717-2496226 (Carlisle)

CRISIS INTERVENTION SERVICES

24-hour emergency mental health services.
717-232-7511
100 Chestnut St., Harrisburg

CRISIS INTERVENTION
(Cumberland/Perry counties)

*Immediate help dealing
with a serious problem*
Camp Hill, 763-2222
Carlisle: 717-243-6005
All other areas, 866-350-HELP

DEPARTMENT OF PUBLIC WELFARE

HOTLINE
800-692-7462

**HELP MINISTRIES OF CHRISTIAN
CHURCHES UNITED**

*Provides emergency shelter,
assistance and services for the
homeless and needy.*
717-238-2851
413 S. 19th Street, Harrisburg

LIHEAP

*Pennsylvania Low Income Home
Energy Assistance Program Hotline.*
866-857-7095

NEW DIGS MINISTRY INC.

*Assists families in need by providing used
furniture and household goods.*
717-620-9735
5 Pleasant View Drive,
Mechanicsburg
www.newdigsministry.org

NEW HOPE MINISTRIES

*Provides help for people in Dillsburg, Dover,
Hanover and Mechanicsburg areas.*
211 S. Baltimore St., Dillsburg
717-432-2087
www.nhm-pa.org

PERRY HUMAN SERVICES

Provides housing assistance and emergency shelter services.

717-582-8703

Mulhollem Office Centre

8391 Spring Road, New Bloomfield

ETHNIC/RACIAL DISCRIMINATION OR INTIMIDATION

COMMUNITY JUSTICE PROJECT

800-322-7572

717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

FAIR HOUSING COUNCIL OF THE CAPITAL REGION INC.

Seeks to end discrimination in housing market, both rental and for-sale properties.

717-238-9540

2100 N. Sixth St., Harrisburg

pafairhousing.org

PENNSYLVANIA HUMAN RELATIONS COMMISSION

Central office:

301 Chestnut St., Harrisburg

Suite 300

717-787-4410

TTY 717-787-4087

Harrisburg regional office:

1101-1125 S. Front St., Harrisburg

5th floor

717-787-9784

TTY 717-787-7279

www.phrc.state.pa.us

FOOD ASSISTANCE

(See also SOUP KITCHENS)

Where information is not listed, call for days, times, and place food is distributed.

For additional information, contact CENTRAL PA FOOD BANK at 717-564-1700 or find a location near you at www.centralpafoodbank.org.

ANTIOCH TABERNACLE FOOD PANTRY, SOUP KITCHEN

Supplies food baskets for holidays and food items throughout the year to residents in 17103 and 17104 Zip codes; lunchtime meal program on Thursdays.

717-233-8231

1920 North Street, Harrisburg

BIG SPRING AREA FOOD BANK

For Neville areas residents

Last Monday of month, 9 to 11 a.m.

Big Spring United Lutheran Church

101 Crossroad School Road

Newville

717-776-3109

BREAD OF LIFE OUTREACH

Newport Assembly of God Church

Emergency needs:

Monday, Wednesday, Friday, 9 a.m. to 12 p.m.

Food distribution:

Second Saturday of month

717-567-3333

THE BRIDGE EMERGENCY FOOD BANK

(Christian Churches United)

Serves residents in New Cumberland,

Lemoyne and Camp Hill, third Friday

of every month at the Senior Center

in New Cumberland

717-774-6255

CARING CUPBOARD

Palmyra Area Cooperating Churches

3 to 6 p.m. Monday; 10 a.m. to 12 p.m., 5:30 to 7 p.m. Wednesday; and 12 to 2 p.m., Friday

131 N. Railroad St., Palmyra

717-838-9493

www.paccministry.org

CHANNELS FOOD RESCUE

Distributes to homeless shelters, soup kitchens and related agencies.

Also offers a job-training kitchen school for low income persons.

3305 N. Sixth St., Harrisburg

717-232-1300

www.channelsfoodrescue.com

CHRISTIAN LIFE ASSEMBLY FOOD BANK

Normally operates 9 a.m. to 12 p.m. on second Tuesday of month.

Open on third Tuesday of month if Tuesday is first day of that month.

2645 Lisburn Road., Camp Hill

717-737-6560

DERRY TWP. FOOD BANK

717-520-3143

ECUMENICAL FOOD PANTRY

9:30 a.m. to 12 p.m. and 12:30 to 2 p.m.

Monday through Friday, except Wednesday when morning closes at 11:30 a.m.

Messiah Lutheran Church

717-233-6889

Sixth and Forster Streets, Harrisburg

FEED MY SHEEP FOOD MINISTRY

Call for assistance in Dauphin

Borough and Middle Paxton Twp.

717-921-8528

FIVE LOAVES FOOD PANTRY

Serves residents of Wormleysburg, Lemoyne, West Fairview and Enola.

Third Saturday of month,

10 a.m. to 12 p.m.

32 S. Front St., Wormleysburg

717-737-1903

GRACE HOUSE

Serves 17104 zip code area

238-1819

GRANTVILLE AREA FOOD PANTRY

717-469-2444

GREATER ZION MISSIONARY BAPTIST CHURCH

Third Monday of month, 5 to 7 p.m.

212 N. Progress Ave., Harrisburg

717-541-0388

HARRISBURG FOOD MINISTRY

1201 Slate Hill Road, Camp Hill

717-761-2933, x321

Distributes food from 10:45 a.m. to 12 p.m.

Wednesday at Second City Church, 251

Verbeke St., Harrisburg, and 10:45 a.m.

to 12 p.m. Friday at First Church of the

Brethren., 219 Hummel St., Harrisburg

www.harrisburgfoodministry.org

HALIFAX

UNITED METHODIST CHURCH

Serves residents in Halifax

and Millersburg areas

717-896-8092

Mondays, 9 to 11 a.m.

Tuesdays and Thursdays, 4 to 6 p.m.

1st, 3rd and 5th Saturdays, 9 to 11 a.m.

105 Wind Hill Road, Halifax

www.halifaxumc.com

INTERNATIONAL SERVICE CENTER

Monday, Wednesday, Friday

10 a.m. to 2 p.m.

21 S. River St., Harrisburg

717-236-9401

www.isc76.org

THE KING'S KETTLE FOOD PANTRY

Open 1st, 2nd & 3rd Tuesdays, 5 to 6 p.m.

Operated by Jesus Loves You Ministries, Inc.

717-530-9200

30 North Fayette Street

Shippensburg

**LEBANON COUNTY
CHRISTIAN MINISTRIES**
717-272-4400

MANNA FOOD PANTRY
Tuesdays and Thursdays, 6 to 8 p.m.
56 Banks St., Penbrook
717-525-8264

**MIDDLETOWN INTERFAITH
FOOD PANTRY**
*Serves residents in 17057 Zip code.
Tuesdays and Fridays
10 a.m. – 12:30 p.m.*
201 Wyoming St., Royalton
717-944-5668

**MILLERSBURG ASSEMBLY
OF GOD CHURCH**
(Bread of Life Food Ministry)
2261 Shippen Dam Road, Millersburg
717-692-3904

**MOUNT HOLLY SPRINGS
FOOD BANK**
*Operates second Thursday of month
12 to 1 p.m. and 6 to 7 p.m.*
602 McLand Road, Mount Holly
Springs
717-528-7029

NEW HOPE MINISTRIES
*Offers food services to clients
who meet eligibility requirements*
717-432-3053 (Dillsburg)
717-766-7333 (Mechanicsburg)

**NORTHERN DAUPHIN
FOOD PANTRY**
717-905-2512

**PENNSYLVANIA HUNGER
ACTION CENTER**
Food stamp/SNAP outreach
800-634-2033
PO Box 652, Enola
717-525-9807
www.pahunger.org

PERRY COUNTY FOOD BANK
*For eligible Perry County residents
Monday and Wednesday:
9 a.m. to 12 p.m. and 1 to 3 p.m.
Friday: 9 a.m. to 12 p.m.*
717-582-9978

300A S. Carlisle St., New Bloomfield

PROJECT S.H.A.R.E. FOOD BANK
*Serves Carlisle, Mount Holly Springs,
Boiling Springs, Plainfield, Gardners,
Carlisle Springs, Middlesex Twp. and
nearby communities. Distribution varies
month to month.*
717-249-7773

GAMBLING

GAMBLERS ANONYMOUS
1-888-442-7085 (Philadelphia)
gamblersanonymous.org

**NATIONAL COUNCIL ON
PROBLEM GAMBLING**
1-800-522-4700
www.ncpgambling.org

**PENNSYLVANIA PROBLEM
GAMBLING HOTLINE**
877-565-2112

GAY/LESBIAN ORGANIZATIONS

**CENTRAL PENNSYLVANIA GAY
AND LESBIAN CHAMBER OF
COMMERCE**
Box 135, Harrisburg, 17108
www.cpglcc.org

**LGBT CENTER
OF CENTRAL PENNSYLVANIA**
1306 N. Third St., Harrisburg
717-920-9534
www.centralpaglbtcenter.org

**PENNSYLVANIA STUDENT
EQUALITY COALITION**

717-743-1035

PO Box 400, Harrisburg, 17108

HEATING ASSISTANCE

(See also CONSUMER PROTECTION
& EMERGENCY HELP)

**COMMUNITY ACTION
COMMISSION**

*The commission participates in the PPL
OnTrack program that offers electricity
customers with limited incomes special
reduced monthly payments based on
income, electricity usage and family size.*

*For information on all offices, go to
1514 Derry Street, Harrisburg
(main office)*

717-232-9757

www.cacatricounty.org

**DAUPHIN COUNTY
WEATHERIZATION OFFICE**

800-950-7447

717- 692-2637

200 First Street, Millersburg

FIRST ENERGY WARM PROGRAM

*Met-Ed owner First Energy partners with community-
based organizations and energy conservation
contractors who provide energy-saving home
improvements and energy education for customers*

800-207-9276

**HELP MINISTRIES OF
CHRISTIANCHURCHES UNITED**

*Administers PPL's regional energy
assistance program, and may provide
one-time assistance to people
needing fuel oil during winter*

717-238-2851

413 S. 19th Street, Harrisburg

JOIN HANDS MINISTRY

25 E. McClure St., New Bloomfield

www.joinhandsministry.com

**LEBANON COUNTY
CHRISTIAN MINISTRIES**

717-376-0129

www.lccm.us

LIHEAP

*Pennsylvania Low Income Home
Energy Assistance Program Hotline*

866-857-7095

**MET-ED/FIRST ENERGY
PROGRAMS**

Customer Assistance Program (CAP)

*Helps residential customers maintain
electric service and eliminate past-due
balances; offers a reduced bill based on
a percentage of income and debt
forgiveness*

800-545-7741

Customer Assistance & Referral
Evaluation Services Program (CARES)

*Provides short-term assistance to
payment-troubled residential customers.*

1-800-207-9276

Dollar Energy Fund

*Emergency hardship aid for people who
have suffered recent financial difficulty.*

888-282-6816

dollarenergy.org

NEW HOPE MINISTRIES

*Offers help for those with termination
notices. Administers PPL's Operation Help,
Met-Ed's PCAP, Columbia Gas CAP and
Dollar Energy grants. Help is for people in
Dillsburg, Dover and Mechanicsburg/West
Shore areas.*

211 S. Baltimore St, Dillsburg

717-432-2087

www.nhm-pa.org

**PENNSYLVANIA PUBLIC UTILITY
COMMISSION (PUC)**

*Regulates and enforces laws regarding
consumer rights in disputes with utilities.*

800-692-7380

PPL ONTRACK PROGRAM

*Special payment program
for low-income households.*

800-358-6623

Operation HELP

Provides emergency financial aid.

800-342-5775

www.pplelectric.com

STAY WARM PA

866-550-4355

UGI

Low Income Self-Help and other programs

800-844-9276

HISPANIC COMMUNITY

CENTRO HISPANO

JOSE E. HERNANDEZ

Assists Hispanic community in York

717-846-9434

225 E. Princess St., York

www.chjh-york.org

GOVERNOR'S ADVISORY COMMISSION ON LATINO AFFAIRS

717-787-5825

800-233-1407

www.gacla.state.pa.us

HISPANIC CHAMBER OF COMMERCE OF CENTRAL PA

717-234-4704

112 Market St., Suite 415, Harrisburg

www.hispanicchambercentralpa.org

HISPANIC OUTREACH PROGRAM

717-273-8901

1012 Brock Drive, Lebanon

LA CASA DE AMISTAD OF CHRISTIAN CHURCHES UNITED

*Social service center
for Hispanic community.*

717-236-3279

413 South 19th Street, Harrisburg

LATINO HISPANIC AMERICAN COMMUNITY CENTER

1301/1319 Derry St., Harrisburg

717-232-8302

www.lhacc.org

PENNSYLVANIA ASSOCIATION OF LATINO ORGANIZATIONS

*Dedicated to strengthening of Latino
community centers through economic
development, capacity building, education,
and the creation of effective community
services across Pennsylvania.*

717-920-4727

www.paloweb.org

SPANISH AMERICAN CIVIC ASSOCIATION

545 Pershing Ave., Lancaster

717-397-6267

www.sacapa.org

HOUSING

(See also SHELTERS)

BRETHREN HOUSING ASSOCIATION

Helps homeless and low-income people.

717-233-6016

219 Hummel St., Harrisburg

www.bha-pa.org

BRIDGE OF HOPE

PO Box 15212, Harrisburg

717-635-5957

www.bridgeofhope-hbg.org

COMMUNITY ACTION COMMISSION

Rental and energy assistance

1514 Derry Street, Harrisburg

717-232-9757

www.cactricounty.org

COMMUNITY JUSTICE PROJECT

Assists poor and low wage earners.

800-322-7572 or 717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

**CUMBERLAND COUNTY
HOUSING AND REDEVELOPEMNT
AUTHORITIES**

717-249-1315
114 N. Hanover Street, Carlisle

**FAIR HOUSING COUNCIL OF
THE CAPITAL REGION INC.**

*Seeks to end discrimination in housing
market, both rental and for-sale properties.*

717-238-9540
2100 N. Sixth St., Harrisburg
pafairhousing.org

**HABITAT FOR HUMANITY OF THE
GREATER HARRISBURG AREA**

900 S. Arlington Ave., Suite 122A
Harrisburg
717-545-7299
www.harrisburghabitat.org

**HARRISBURG CENTER FOR
PEACE AND JUSTICE**

*Helps with evictions, appeals
from District Justice decisions
and general landlord-tenant advice.*

717-233-3072
315 Peffer Street, Harrisburg

**HARRISBURG HOUSING
AUTHORITY**

232-6781
www.harrisburghousing.org

**HELP MINISTRIES OF CHRISTIAN
CHURCHES UNITED**

Rental assistance program
717-238-2851

413 S. 19th Street, Harrisburg

**HOUSING AUTHORITY OF
THE COUNTY OF DAUPHIN**

501 Mohn St., Steelton
717-939-9301

JUBILEE MINISTRIES

*Operates Jubilee Transition House, a temporary
family shelter for stays of up to 6 months.*

235 S. 12th St., Lebanon
717-274-7528

**LOURDESHOUSE
MATERNITY HOME**

*Temporary home for pregnant young
women without financial support.*

717-412-4865
120 Willow Road, Suite A., Harrisburg

**PAXTON STREET HOME
BENEVOLENT SOCIETY**

*Provides housing for those in need,
including those with mental disabilities.*

2001 Paxton St., Harrisburg
717-236-5508

SHALOM HOUSE

Shelter for homeless women and children

717-232-3482
9 S. 15th St., Harrisburg
www.shalomhouse.net

**UNITED METHODIST HOME
FOR CHILDREN INC.**

*Provides emergency shelter and residential
treatment for children on 56-acre campus in
Cumberland County. Children are referred
to the home primarily by county children
and youth agencies and family courts. The
children, for a variety of reasons, are unable
to live with their families or within foster
care placements in the community.*

717-766-7652
5120 Simpson Ferry Road,
Mechanicsburg
www.umhcservices.com

IMMIGRATION

**CATHOLIC CHARITIES,
IMMIGRATION & REFUGEE
SERVICES**

717-232-0568
939 East Park Drive, Suite 102, Harrisburg

**CHURCH WORLD SERVICE
IMMIGRATION & REFUGEE
PROGRAM**

717-381-2890
308 E. King St., Box 1676, Lancaster
www.cwslancaster.org

COMMUNITY JUSTICE PROJECT

800-322-7572

717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

**INTERNATIONAL SERVICE
CENTER**

717-236-9401

21 S. River St., Harrisburg

**LCFS REFUGEE
RESETTLEMENT SERVICES**

717-397-4757

123 E. Vine St., Lancaster

**PENNSYLVANIA IMMIGRANT &
REFUGEE WOMEN'S NETWORK**

*Created to honor and enhance the lives
of refugee and immigrant women in
Pennsylvania. Mission is to help refer,
advocate, network, and empower these
women to live to their fullest potential.*

717-766-5787

PO Box 238, Enola

www.pairwn.org

**PENNSYLVANIA IMMIGRATION
RESOURCE CENTER**

*Provides legal and educational
resources to detained population.*

717-600-8099

York County Annex Building, Suite 1,

1123 Pleasant Acres Road

PO Box 20339, York.

LEGAL AID**AMERICAN CIVIL
LIBERTIES UNION**

Central region office

717-238-2258

PO Box 11761, Harrisburg, 17108

COMMUNITY JUSTICE PROJECT

800-322-7572

118 Locust Street, Harrisburg

MIDPENN LEGAL SERVICES

*Offers assistance in filing a
protection from abuse (PFA) petition*

Harrisburg office:

213-A N. Front St., Harrisburg

717-232-0581

800-932-0356

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle

717-243-9400

800-822-5288

Lebanon office:

513 Chestnut St., Lebanon

717-274-2834

800-326-9177

York office:

29 N. Queen St., York

717-848-3605

**PBA LAWYER REFERRAL
SERVICE**

800-692-7375

717-238-6807

**YWCA DOMESTIC VIOLENCE
LEGAL CENTER**

Legal aid for victims of domestic violence

114 Walnut St., Harrisburg

717-724-0516

MEDICAL

(See also AIDS, BREAST
CANCER, EATING DISORDERS,
MENTAL HEALTH, POISON)

**CENTERS FOR DISEASE
CONTROL AND PREVENTION**

800-232-4636

TTY 888-232-6348

www.cdc.gov

**CHILDREN'S HEALTH
INSURANCE PROGRAM (CHIP)**

*A state-funded health insurance for
uninsured children and teens, with no
income limit for eligibility.*

800-986-KIDS

www.chipcoverspakids.com

COMMUNITY CHECK UP-CENTER

Provides medical services to uninsured and underinsured individuals of South Harrisburg.

Pediatrics:

8:30 a.m. to 4:30 p.m.

Monday through Friday

Women:

9 a.m. to 4:30 p.m.

Tuesday and Friday

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

DEPARTMENT OF PUBLIC WELFARE HELPLINE

Department of Public Welfare

Medical Assistance:

800-692-7462

Access Healthcare Hotline:

800-537-8862

FAMILY FIRST HEALTH

Provides medical and dental services.

116 South George St, York:

7 a.m. to 7 p.m. Mon. through Wed.

7 a.m. to 5 p.m. Thurs. and Fri.

717-845-8617

Hannah Penn Center:

415 E. Boundary Ave., York

7:30 a.m. to 4 p.m., Mon. to Fri.

717-843-5174

Lewisberry office:

various hours

308 Market St., Lewisberry

717-938-6695

www.myfamilyfirsthealth.org

HOPE WITHIN COMMUNITY HEALTH CENTER

Provides free primary health care services for the medically uninsured residents of Dauphin and Lancaster counties.

4748 E. Harrisburg Pike,

Elizabethtown

717-367-9797

www.hopewithin.org

HAMILTON HEALTH CENTER

Offers medical and dental care at new facility at 110 S. 17th St., Harrisburg.

MEDICAL: 717-230-3909

Hours: 7:30 a.m. to 6:30 p.m., Monday;

7:30 a.m. to 8 p.m. Tuesday through Thursday; 8 a.m. to 5 p.m., Friday; 9 a.m. to 1 p.m. alternate Saturdays.

DENTAL: 717-230-3958

Hours, 7 a.m. to 7 p.m. Monday through Thursday; 8 a.m. to 5 p.m. Friday; 9 a.m. to 1 p.m., alternate Saturdays.

WIC Services:

717-230-3979 or 717-230-3950

Hours: 8 a.m. to 5 p.m. Mon. through Fri.

Medical and WIC services also offered at Foose School, 1301 Sycamore St., Harrisburg.

Medical:

717-920-9513 or 717-920-9514

WIC: 236-3656

www.hamiltonhealthcenter.com

LEBANON RIDGE COMMUNITY HEALTH

A program of

Welsh Mountain Health Centers.

840 Norman Drive, Lebanon

1 to 8:30 p.m., Monday

8:30 a.m. to 5 p.m., Tues. - Fri.

8:30 a.m. to 12 p.m.,

second Saturday of month

717-272-2700

www.lebanonridge.org

PENNSYLVANIA DEPARTMENT OF HEALTH 877-724-3258)

HOSPICE OF CENTRAL PENNSYLVANIA

Offers support for individuals facing any type of incurable illness.

717-732-1000

866-779-7374

www.hospiceofcentralpa.org

A MISSION OF MERCY

*Twice monthly on Fridays,
Harrisburg clinic at
Christ Lutheran Church
124 S. 13th St., Harrisburg
717-972-4993
www.amissionofmercy.org/
marylandpennsylvania*

PRESCRIPTION ASSISTANCE

www.padrugcard.com

SADLER HEALTH CENTER CORP.

*Provides services to uninsured
and underinsured.*

100 N. Hanover St., Carlisle
7:30 a.m. to 5:30 p.m., Monday through
Wednesday and Friday,
7:30 a.m. to 7:30 p.m. Thursday
1100 Montour Road, Loysville
7:30 a.m. to 4 p.m. Monday, Tuesday,
Wednesday, Friday;
9 a.m. to 5:30 p.m., Thursday
717-218-6670
www.sadlerhealth.org

**U.S. DEPARTMENT OF HEALTH
AND HUMAN SERVICES
HEALTH RESOURCES AND
SERVICE ADMINISTRATION**

*Helps people find a nearby federally funded
health center providing medical and dental
care on a sliding pay scale.
findahealthcenter.hrsa.org*

**VISITING NURSE ASSOCIATION
OF CENTRAL PENNSYLVANIA**

Provides full range of health care services.
3315 Derry St., Harrisburg
800-995-8207
www.vnacentralpa.org

MENTAL HEALTH

(See also EMERGENCY HELP)

SUICIDE PREVENTION HOTLINES

800-784-2433
(800-SUICIDE)
800-273-8255
(800-273-TALK)

THE ADVOCACY ALLIANCE

1512 E. Caracas Ave., Hershey
717-835-2275
www.theadvocacyalliance.org

**BELL SOCIALIZATION SERVICES
FAMILY SHELTER/BRIDGE
HOUSING**

*Provides housing support and basic living
skills to those living with mental illness,
intellectual disabilities and homelessness.*
717-848-5767

160 S. George Street, York
www.bellsocialization.com

CATHOLIC CHARITIES, INC.

*Mental health services for children;
patients and their families are treated
regardless of ability to pay.*
717-564-9450

CONTACT HELPLINE

Information and referral service
800-932-4616
717-652-4400
717-249-6226 (Carlisle)

CRISIS INTERVENTION SERVICES

24-hour emergency mental health services.
717-232-7511

100 Chestnut St., Harrisburg

THE DAUPHIN CLUBHOUSE

2617 Herr St., Penbrook
717-221-9610
www.paclubhouse.org

**DEPRESSION AND BIPOLAR
SUPPORT ALLIANCE**

Meetings, 1st and 3rd Tuesday, 7-9 p.m.
Trinity Lutheran Church
2000 Chestnut St., Camp Hill

2nd and 4th Tuesday, 7-9 p.m.
PA Psychiatric Institute
2501 N. Third St., Harrisburg

HOLY SPIRIT HOSPITAL

Crisis Intervention:

717-763-2222

800-350-4357

Teenline:

24 hours, 7 days a week

717-763-2345

800-722-5385

KEYSTONE HUMAN SERVICES

Mental Health Services

717-558-8450

3609 Derry St., 2nd floor, Paxtang

keystonehumanservices.org

**MENTAL HEALTH ASSOCIATION
OF THE CAPITAL REGION**

717-236-3300

200 N. Third St., 10th floor, Harrisburg

www.mentalhealthassociationcr.org

**MENTAL HEALTH ASSOCIATION
IN LEBANON COUNTY**

15 S. Ninth St., Lebanon

717-273-5781

www.mhaleb.org

MENTAL HEALTH TREATMENT

www.findtreatment.samhsa.gov

**NATIONAL ALLIANCE
ON MENTAL ILLNESS**

*A non-profit, self-help support
and advocacy organization.*

Pennsylvania organization:

2149 N. Second St., Harrisburg

717-238-1514

800-223-0500

www.namipa.org

National organization:

800-950-6264

www.nami.org

**NATIONAL DEPRESSION AND
BIPOLAR SUPPORT ALLIANCE**

800-826-3632

www.dbsalliance.org

**NATIONAL INSTITUTE
OF MENTAL HEALTH**

*Mission is to transform the
understanding and treatment of
mental illnesses through research.*

www.nimh.nih.gov

PEACE OF MIND PROJECT

www.peaceofmindproject.com

PHILHAVEN

283 S. Butler Road

PO Box 550

Mt. Gretna, Pa.

717-273-8871 or 800-932-0359

www.philhaven.org

**SUSQUEHANNA HARBOR
SAFE HAVEN**

(Christian Churches United)

*Provides shelter for single men
with a diagnosed mental illness*

717-232-5029

1805 N. 12th St., Harrisburg

MENTORS

(See also VOLUNTEER)

AMERICA'S PROMISE ALLIANCE

*Devoted to improving
the lives of young people.*

202-657-0600

www.americaspromise.org

AMIRACLE4SURE

*Works to improve the quality of lives for
women and children affected by negative
life experiences such as incarceration.*

1735 State St.

PO Box 4663, Harrisburg, 17111

717-704-0282

www.amiracle4sure.org

**BIG BROTHERS/BIG SISTERS
OF THE CAPITAL REGION**

717-236-0199

1500 N. Second St., Suite H,

Harrisburg

www.capbigs.org

BOY SCOUTS OF AMERICA
Mechanicsburg service center:
One Baden Powell Lane,
Mechanicsburg
717-766-1591
www.newbirthoffreedom.org

BRIDGE OF HOPE
717-635-5957
PO Box 15212, Harrisburg
www.bridgeofhope-hbg.org

DREAM MAKER TRANSPORT
PO Box 33, Middletown
717-930-0522

**GIRL SCOUTS
OF THE HEART OF PA**
350 Hale Ave., Harrisburg
800-692-7816
717-233-1656
www.gshpa.org

JOSHUA GROUP
717-236-4464
1442 Market St., Harrisburg
www.joshuagroup.org

**NATIONAL
MENTORING PARTNERSHIP**
www.mentoring.org

TRIPS FOR KIDS OF HARRISBURG
*Provides bike trips to Harrisburg
area youth ages 10-18.*
717-236-0261

PARENTING
(Also see CHILDREN)

**CARLISLE AREA
FAMILY LIFE CENTER**
*A crisis pregnancy resource
and support service.*
717-243-1918
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

**FAMILY SUPPORT
OF CENTRAL PA**
3700 Vartan Way, Harrisburg
800-984-9923
717-541-0828
www.familysupportcentralpa.org

HEALTHY BABY HELPLINE
Help and information for pregnant mothers.
800-986-2229

HEALTHY KIDS HELPLINE
Help and information for parents.
800-986-5437

**MEN MATTER
FATHERHOOD INITIATIVE**
*A program of Hamilton Health Center
that helps dads with parenting skills.*
717-909-1278

**NATIONAL FATHERHOOD
INITIATIVE**
301-948-0599
www.fatherhood.org

PARENTING EDUCATION
www.learntoparent.org

**PARENT WORKS
OF PRESSLEY RIDGE**
*Resource center for parents and young
children; parent education and
child-abuse prevention.*
717-774-3673
331 Bridge Street, Suite 200
New Cumberland

PARENTS HELPING PARENTS
National network for parenting needs.
800-632-8188
www.parentshelpingparents.org

WIC
*A federally funded program that provides
healthy supplemental foods and nutrition
services for pregnant women, new mothers,
infants and children under age five.*
800-WIC-WINS
www.pawic.com

PREGNANCY SERVICES

(Also see WOMEN)

CARLISLE AREA FAMILY LIFE CENTER

*A crisis pregnancy resource
and support service.*
717-243-1918

155 N. Hanover St. Carlisle
www.carlislefamilylife.com

HEART OF MA RY PREGNANCY SUPPORT SERVICES

*Helps women facing an unplanned
pregnancy or possible pregnancy, and
biological parents with children 12 months
of age and younger.*
717-843-7986
26 E. College Ave., York

LOURDESHOUSE MATERNITY HOME

*Temporary home for pregnant young
women without financial support.*
120 Willow Road., Suite A, Harrisburg
717-412-4865

MORNINGSTAR PREGNANCY SERVICES

*Pregnancy-related services and information
including free pregnancy tests.*
3837 Walnut St., Harrisburg
717-901-2799
503 Bridge St., New Cumberland
717-901-5433
35 S. Union St., Middletown
717-944-3888
www.morningstarchoices.com

POISON

POISON CONTROL CENTER
800-222-1222

CHILDHOOD LEAD POISONING PREVENTION PROGRAM

Pennsylvania Department of Health
717-772-2762
PinnacleHealth
800-374-7114

RAPE

(See also ABUSE)

DOMESTIC VIOLENCE HOTLINES *(by county)*

ADAMS: 800-787-8106
CUMBERLAND: 800-852-2102
DAUPHIN: 800-654-1211
FRANKLIN/FULTON: 800-621-6660
JUNIATA: 717-242-2444
LANCASTER: 717-299-1249
LEBANON: 866-686-0451
MIFFLIN: 717-242-2444
NORTHUMBERLAND/UNION/
SNYDER: 800-850-7948
PERRY: 800-852-2102
SCHUYLKILL: 570-622-6220
YORK: 800-262-8444

PENNSYLVANIA COALITION AGAINST RAPE

*Help for victims of sexual abuse, including
information, referrals and resources.*
888-772-7227
717-728-9740
800-692-7445
www.pcar.org

SEXUAL ASSAULT RESOURCE & COUNSELING CENTER

717-272-5308 (Lebanon)
570-628-2965 (Schuylkill)
www.sarclebanon.com

YWCA OF GREATER HARRISBURG RAPE CRISIS AND DOMESTIC VIOLENCE SERVICES HOTLINE

800-654-1211
www.ywcahbg.org

YWCA of YORK/VICTIM SERVICES

Sexual violence hotline
800-422-3204 or 717-854-3131

SENIOR CITIZENS**AARP**

www.aarp.org

AREA AGENCIES ON AGING

Cumberland County: 717-240-6110

Dauphin County: 717-780-6130

Perry County: 717-582-5128

York County: 717-771-9610

BIG SPRING SENIOR CENTER

717-776-4478

91 Doubling Gap Road, Suite 1
Newville

**CARLISLE SENIOR ACTION
CENTER**

717-249-5007

20 E. Pomfret St., Carlisle

**EAST HANOVER TOWNSHIP
SENIOR CENTER**

717-469-7514

8848 Jonestown Road, Grantville

ELDER CARE

*Helps people find access to home and
community-based services such as
transportation, meals, home care and
caregiver support.*

800-677-1116

www.eldercare.gov

FRIENDSHIP SENIOR CENTER

717-657-1547

5000 Commons Drive, Harrisburg

**HEINZ-MENAKER
SENIOR CENTER**

717-238-7860

1824 N. Fourth Street, Harrisburg

HOLY SPIRIT HOSPITAL

*Geriatric services for emotional and
psychological problems associated with aging.*
717-763-2219

www.hsh.org/seniors-services/

**JEWISH FEDERATION OF
GREATER HARRISBURG**

717-236-9555

3301 N. Front St., Harrisburg

LEGAL ADVICE:

SeniorLAW Helpline

877-PA SR LAW

LICK TOWERS SENIOR CENTER

717-233-0388

1301 N. Sixth St., Harrisburg

**MEALS ON WHEELS
OF DAUPHIN COUNTY**

717-780-6130

MECHANICSBURG PLACE

717-697-5947

97 W. Portland St., Mechanicsburg

MEDICARE

www.medicare.gov

*Centers for Medicare and Medicaid
Services, www.cms.gov, provides
information for the Medicare and Medicaid
consumer*

MILLERSBURG SENIOR CENTER

717-692-2657

109 Edward Drive, Millersburg

MOHLER SENIOR CENTER

717-533-2002

25 Hope Drive, Hershey

www.mohlerseniorcenter.com

PACE AND PACENET

*State prescription program
for lower income seniors.*

800-225-7223

PENNSYLVANIA DEPT. OF AGING

www.aging.state.pa.us

**PENNSYLVANIA DENTAL
ASSOCIATION**

SENIOR DENTAL CARE

*Provides information for
low income senior citizens to receive
dental care at reduced cost.*

717-234-5941

www.padental.org

**PENNSYLVANIA
SECURITIES COMMISSION**

*Call with reports
related to investment scams.*

800-600-0007

**RETIRED SENIOR VOLUNTEER
PROGRAM OF THE CAPITAL REGION**

717-541-9521

THE RUTHERFORD HOUSE

3300 Parkview Lane, Harrisburg

717-564-5682

**MARY C. SCHANER
SENIOR CENTER**

717-732-3915

East Pennsboro Twp. Municipal building
98 E. Enola Drive, Enola

**SOCIAL SECURITY
ADMINISTRATION**

800-772-1213 (national)

888-327-1176 (local)

555 Walnut St., Suite 810, Harrisburg
www.ssa.gov

SOUTHAMPTON PLACE

717-530-8217

Cleversburg Community Center
56 Cleversburg Road, Shippensburg

WEST SHORE SENIOR CENTER

717-774-0409

122 Geary Ave., New Cumberland

SHELTERS

AGAPE FAMILY SHELTER

*Shelter for homeless women
and their children.*

717-273-2301

139 South Ninth Street, Lebanon

**BELL SOCIALIZATION SERVICES/
FAMILYSHELTER/BRIDGE
HOUSING**

*Shelter for homeless families, also provides
services for those with disabilities.*

717-848-5767

160 S. George Street, York

www.bellsocialization.com

BETHESDA MISSION

*Operates shelters in Harrisburg for
homeless men, women and children;
also provides Christian human services,
food, and addiction recovery.*

717-257-4440

611 Reily Street, Harrisburg

www.bethesdamission.org

**BRETHREN HOUSING
ASSOCIATION**

*Helps homeless and low income
individuals maximize their potential.*

717-233-6016

219 Hummel St., Harrisburg

www.bha-pa.org

**CARLISLE COMBINED
AREA RESOURCES FOR
EMERGENCY SHELTER**

717-249-1009

50 W. Penn St., Carlisle

www.carlislecares.org

**EVERGREEN HOUSE
(Catholic Charities)**

*Transitional housing for single
recovering women with children.*

120 Willow Road, Suite B, Harrisburg

717-412-4594

**INTERFAITH SHELTER
FOR HOMELESS FAMILIES**

(Catholic Charities)

Housing for homeless families.

120 Willow Road, Suite C, Harrisburg
717-652-8740

JUBILEE MINISTRIES

*Operates Jubilee Transition House,
a temporary family shelter for
stays of up to 6 months.*

235 S. 12th St., Lebanon
717-274-7528

**LEBANON COUNTY
CHRISTIAN MINISTRIES**

717-272-4400

LEBANON RESCUE MISSION

Homeless men's shelter.

717-273-2301

439 South 6th Street, Lebanon
www.lebanorescuemission.org

SAFE HARBOUR

*Provides bridge housing and
self-enhancement programs for
homeless and potentially homeless
single adults and families.*

717-249-2200

102 West High St., Carlisle

SHALOM HOUSE

*Shelter for homeless
women and children.*

717-232-3482

www.shalomhouse.net

SILENCE OF MARY HOME

Serves the poor and homeless.

717-737-4107 (office)

**SUSQUEHANNA HARBOR
SAFE HAVEN**

(Christian Churches United)

*For single men with
a diagnosed mental illness.*

717-232-5029

1805 N. 12th St., Harrisburg

**UNITED METHODIST
HOME FOR CHILDREN**

*Operates a temporary shelter for
children who, for a variety of reasons,
cannot remain in their homes.*

717-766-7652

Mechanicsburg

YORK RESCUE MISSION

City soup kitchen and homeless shelter.

717-845-7662

363-373 West Market Street, York
www.yorkrescuemission.org

**YWCA OF GREATER
HARRISBURG**

717-234-7931

SOUP KITCHENS

(See also FOOD ASSISTANCE)

**ANTIOCH TABERNACLE
FOOD PANTRY, SOUP KITCHEN**

Lunchtime meal program 1

1 a.m. to 1 p.m. Thursdays

717-233-8231

1920 North Street, Harrisburg
www.antioch-tabernacle.org

BETHESDA MISSION

Evening and weekend meals; shelter

717-257-4440

611 Reilly Street, Harrisburg
www.bethesdamission.org

CATHEDRAL OF ST. PATRICK

*Breakfasts on Saturday, 7:15 to 8:15 a.m.,
and dinners on Sunday from 5 to 6 p.m.*

717-232-2169

212 State Street, Harrisburg
www.stpatrickcathedral.com

DOWNTOWN DAILY BREAD

*Soup kitchen in downtown Harrisburg
serving lunch seven days a week
from 12:30 to 1:30 p.m.*

717-238-4717

310 N. Third St., Harrisburg
www.downtowndailybread.org

**GRACE UNITED
METHODIST CHURCH**

Serves breakfast Sunday at 8 a.m.
216 State St., Harrisburg
717-238-6739

**HELPING HANDS MINISTRIES
OF HARRISBURG, INC.**

Serves meals 4:30 to 5:30 p.m.
Thursday, Friday, Sunday at St. Michael
Lutheran Church, 118 State St., Harrisburg
1077 Oyster Mill Road, Camp Hill
717-731-1807
www.helpinghandsministries.org

**LEBANON COUNTY
CHRISTIAN MINISTRIES**

Serves daily meals from 12 to 1 p.m.,
varying sites.
717-272-4400

OUR DAILY BREAD

717-848-1674
331 S. George Street, York

**ST. FRANCIS OF ASSISI CATHOLIC
CHURCH SOUP KITCHEN**

Serves lunch Monday through Saturday,
12:30 to 1 p.m.
717-236-4506
1459 Zarker Street, Harrisburg

SALVATION ARMY SOUP KITCHEN

Serves breakfast 7 to 8 a.m.
Monday through Friday
1122 Green St., Harrisburg
717-233-6755

UPTOWN SOUP KITCHEN

Serves meals from 11:45 a.m. to 12:30 p.m.
Monday through Friday
2221 N. Sixth St., Harrisburg
717-901-3515

YORK RESCUE MISSION

City soup kitchen and homeless shelter.
717-845-7662
363-373 West Market Street, York

TEENS

**BOYS AND GIRLS CLUB
OF CENTRAL PENNSYLVANIA**

After-school services and programs
include Smart Girls, Street Smart,
Family Support and Power Hour.
717-234-3268
1227 Berryhill Street, Harrisburg
www.bgccp.org

HOLY SPIRIT HOSPITAL

Teenline:
24 hours, 7 days a week.
717-763-2345
800-722-5385

RUNAWAY HOTLINE

800-RUNAWAY (786-2929)

TEEN CHALLENGE HARRISBURG

Faith-based residential programs
for drug and alcohol abuse problems.
717-303-5829
www.harrisburgtc.org

TEEN LINE

310-855-HOPE (4673)
www.teenlineonline.org

**UNITED METHODIST
HOME FOR CHILDREN INC.**

Provides emergency shelter and residential
treatment for children on 56-acre campus in
Cumberland County. Children are referred
to the home primarily by county children
and youth agencies and family courts. The
children, for a variety of reasons, are unable
to live with their families or within foster
care placements in the community.
717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

YOUTH CRISIS HOTLINE

800-442-HOPE (4673)

**YWCA OF GREATER
HARRISBURG**
1101 Market St., Harrisburg
717-234-7931
ywcahbg.org

VETERANS

**PENNSYLVANIA OFFICE
FOR VETERANS AFFAIRS**
*Provides advice and assistance to
Pennsylvania's 1 million veterans and
their families; provides quality care
to aging veterans.*
800-547-2838
www.paveterans.state.pa.us

**DAUPHIN COUNTY
VETERAN AFFAIRS**
717-780-6356
2 South Second Street Harrisburg
Fourth floor
www.dauphincounty.org/veteran-
affairs

HARRISBURG VET CENTER
1500 N. Second St., Suite 2
Harrisburg, Pa.
717-782-3954

LEBANON VA MEDICAL CENTER
717-272-6621
800-409-8771
1700 S. Lincoln Avenue, Lebanon
www.lebanon.va.gov

**NATIONAL COALITION
FOR HOMELESS VETERANS**
877-424-3838 (24/7 crisis hotline)
800-VET-HELP
www.nchv.org

**U.S. DEPARTMENT
OF VETERAN AFFAIRS**
VA Benefits 800-827-1000
GI Bill 888-442-4551
Healthcare 877-222-8387

VETERAN RESOURCE CENTER
HUDVET
800-998-9999
email hudvet@hud.gov

VETERANS CRISIS LINE
800-273-8255

VETS VOLUNTEER HELP
*Call to volunteer to
help hospitalized veterans.*
888-567-VETS

VICTIMS
(See also ABUSE, RAPE & WOMEN)

**OFFICE OF THE
VICTIM ADVOCATE**
(Pennsylvania Board of
Probation and Parole)
*Represents the post-sentencing
interests of crime victims.*
1101 S. Front St., Suite 5200
Harrisburg
800-563-6399
(Department of Corrections)
1920 Technology Parkway
Mechanicsburg
800-322-4472

**VICTIM/WITNESS
ASSISTANCE PROGRAM**
*Strives to empower victims,
witnesses and family members.*
717-780-7075
Dauphin County Courthouse
101 Market St., Harrisburg
www.victimwitness.org

YWCA of YORK/VICTIM SERVICES
Hotlines
Sexual violence:
800-422-3204 or 717-854-3131
Domestic violence:
800-262-8444 or 717-846-5400

VOLUNTEER

(See also EDUCATION FOR
ADULTS and MENTORING)

HABITAT FOR HUMANITY OF THE GREATER HARRISBURG AREA

900 S. Arlington Ave., Suite 122A,
Harrisburg
717-545-7299
www.harrisburghabitat.org

LEND A HAND

*A local disaster response
and assistance program.*
3040 Market St., Camp Hill
717-731-8888 or 877-211-0700
www.lendahand.net

MENNONITE DISASTER SERVICE

583 Airport Road, Lititz
717-735-3536
www.mds.mennonite.net

RSVP OF THE CAPITAL REGION

717-541-9521
800-870-2616
50 Utley Drive, Suite 500, Camp Hill
www.rsvpcapreg.org

UNITED WAY OF THE CAPITAL REGION

2235 Millennium Way, Enola
717-732-0700
www.uwcr.org

VOLUNTEERS OF AMERICA

Central Pennsylvania
717-236-1440
2112 Walnut St., Harrisburg

WOMEN

AGAPE FAMILY SHELTER

*Shelter for homeless
women and their children.*
717-272-6573
139 South North Street, Lebanon

BABY LOVE

*Designed to meet the physical, emotional
and social needs of pregnant and
postpartum women who are using
alcohol, tobacco and other drugs.*
1-866-530-2229
www.harrisburghbabylove.com

BRETHREN HOUSING ASSOCIATION

*Provides housing and transitional services
for needy women and children.*
717-233-6016
219 Hummel Street, Harrisburg
www.bha-pa.org

BRIDGE OF HOPE

PO Box 15212, Harrisburg
717-635-5957
www.bridgeofhope-hbg.org

CARLISLE AREA FAMILY LIFE CENTER

*A crisis pregnancy resource
and support service.*
717-243-1918
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

COMMUNITY CHECK UP-CENTER

*Provides medical services to
uninsured and underinsured
individuals of South Harrisburg.*

Pediatrics:

8:30 a.m. to 4:30 p.m.
Monday through Friday

Women:

9 a.m. to 4:30 p.m.
Tuesday and Friday
717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

DOMESTIC VIOLENCE INTERVENTION

*Women's shelter and counseling
service in Lebanon.*
717-273-7190
866-686-0451
www.dviolc.org

DOMESTIC VIOLENCE HOTLINE
800-799-SAFE
TDD: 800-787-3224

**DOMESTIC VIOLENCE SERVICES
OF CUMBERLAND & PERRY
COUNTIES**
*24-hour emergency shelter serving
Cumberland and Perry counties.*
800-852-2102

EVERGREEN HOUSE
(Catholic Charities)
*Transitional housing for single
recovering women with children.*
120 Willow Road, Suite B, Harrisburg
717-412-4594

**FAMILY HEALTH COUNCIL
OF CENTRAL PA.**
717-761-7380

3461 Market Street, Camp Hill
www.fhccp.org

**GREATER HARRISBURG
HEALTHY START**
*A program of Hamilton Health Services
that provides prenatal and postpartum care
for women and children in Harrisburg and
Steelton area.*
717-909-1278
www.harrisburghealthystart.com

**HEART OF MARY PREGNANCY
SUPPORT SERVICES**

*Serves women facing an unplanned
pregnancy or possible pregnancy, and
biological parents with children 12 months
of age and younger.*
717-843-7986
26 E. College Ave., York.

**LOURDESHOUSE
MATERNITY HOME**
*Temporary home for pregnant young
women without financial support.*
120 Willow Road., Suite A, Harrisburg
717-412-4865

**MORNINGSTAR
PREGNANCY SERVICES**
*Pregnancy-related services
and information including
free pregnancy tests.*

3837 Walnut St., Harrisburg
717-901-2799
503 Bridge St., New Cumberland
717-901-5433
35 S. Union St., Middletown
717-944-3888
www.morningstarchoices.com

**PENNSYLVANIA BREAST
CANCER COALITION**
800-377-8828
717-721-2580
www.pabreastcancer.org

**PENNSYLVANIA
COMMISSION FOR WOMEN**
*Advocates for women's rights and
works to ensure that women and girls have
equal opportunity and treatment
in all aspects of life.*
717-787-5825

**PINNACLEHEALTH WOMANCARE
RESOURCE CENTER**
*Focuses on health education,
prevention of illness and the
promotion of wellness behaviors.*
409 S. Second St., Harrisburg
717-231-8900

PLANNED PARENTHOOD
Harrisburg Medical Center:
1514 North 2nd Street, Harrisburg
717-234-2468
Carlisle Medical Center:
850 Walnut Bottom Road, Suite 302
Carlisle
717-243-0515
York Center:
728 Beaver St., York
717-845-9681
www.plannedparenthood.org

THE PROGRAM
"It's About Change"
FOR FEMALE OFFENDERS

Serves and supports primarily women and children; working with the criminal justice system to reduce recidivism and produce crime-free lives.

717-238-9950
1515 Derry St., Harrisburg
www.theprograminc.org

**RAPE CRISIS SERVICES -
DOMESTIC VIOLENCE HOTLINE**
**YWCA OF GREATER
HARRISBURG**

800-654-1211
1101 Market St., Harrisburg
www.ywcahbg.org

SHALOM HOUSE

*Shelter for homeless
women and children.*

717-232-3482
P.O. Box 3893, Harrisburg
www.shalomhouse.net

WIC

A federally funded program that provides healthy supplemental foods and nutrition services for pregnant women, new mothers, infants and children under age five.

800-WIC-WINS
www.pawic.com

HELP BY AREAS

**CUMBERLAND AND
PERRY COUNTIES**

**THE ARC OF CUMBERLAND
AND PERRY COUNTIES**

*For people with intellectual and
developmental disabilities.*

717-249-2611
71 Ashland Ave., Carlisle
www.cparc.org

BIG SPRING AREA FOOD BANK

Last Monday of month, 9 to 11 a.m.

For Newville area residents

Big Spring United Lutheran Church
101 Crossroad School Road,
Newville
717-776-3109

BREAD OF LIFE OUTREACH

Newport Assembly of God Church
Emergency needs:

Monday, Wednesday, Friday, 9 a.m.
to 12 p.m.

35 N. Front St., Newport
Food distribution:
Second Saturday of month
717-567-3333

**THE BRIDGE
EMERGENCY FOOD BANK**

*Serves residents in New Cumberland,
Lemoine and Camp Hill, third Friday
of every month at the Senior Center
in New Cumberland*

717-774-6255

**CARLISLE AREA
FAMILY LIFE CENTER**

*A crisis pregnancy resource
and support service.*

717-243-1918
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

**CARLISLE COMBINED
AREA RESOURCES FOR
EMERGENCY SHELTER**

717-249-1009
50 W. Penn St., Carlisle
www.carlislecares.org

**CHRISTIAN LIFE ASSEMBLY
FOOD BANK**

*Normally operates 9 a.m. to 12 p.m.
on second Tuesday of month. Open
on third Tuesday of month if Tuesday
is first day of that month.*

2645 Lisburn Road, Camp Hill
717-737-6560

**COMMON SENSE
ADOPTION SERVICES**

717-412-0772

3001 Market St., Camp Hill
www.commonsenseadoption.org

**COMMUNITY ACTION
COMMISSION**

*Various programs serving Dauphin,
Cumberland and Perry counties.*

1514 Derry Street, Harrisburg
717-232-9757
www.cactricounty.org

CONTACT HELPLINE

*Emergency counseling and referral
agency for social services.*

24 hours a day, 7 days a week
717-249-6226
800-932-4616
717-249-6226 (Carlisle)

CRISIS INTERVENTION

*Immediate help dealing
with a serious problem.*

Camp Hill: 763-2222
Carlisle: 717-243-6005
All other areas: 866-350-HELP

**CUMBERLAND COUNTY
HOUSING AND REDEVELOPEMNT
AUTHORITIES**

717-249-1315

114 N. Hanover Street, Carlisle

**CUMBERLAND COUNTY
OFFICES ON AGING**

717-240-6110

**CUMBERLAND COUNTY
ASSISTANCE OFFICE**

Crisis grants available for emergencies

717-240-2700

33 Westminster Drive, Carlisle

**DOMESTIC VIOLENCE SERVICES
OF CUMBERLAND & PERRY
COUNTIES**

800-852-2102

EMPLOYMENT SKILLS CENTER

*Provides educational, counseling,
training and employment services.*

717-243-6040

29 S. Hanover Street, Carlisle
www.employmentskillscenter.org

**FAMILY HEALTH COUNCIL
OF CENTRAL PA**

717-761-7380

3461 Market Street, Camp Hill
www.fhccp.org

FIVE LOAVES FOOD PANTRY

*Serves residents of Wormleysburg,
Lemoyne, West Fairview and Enola
Third Saturday of month, 10 a.m. to 12 p.m.*

32 S. Front St., Wormleysburg
717-737-1903

JOIN HANDS MINISTRY

*Provides variety of services for
those in need in Perry County.*

25 E. McClure St., New Bloomfield
www.joinhandsministry.com

THE KING'S KETTLE

*1st, 2nd and 3rd Tuesdays, 5 - 6 p.m.
Operated by Jesus Loves You Ministries, Inc.*

717-530-9200

30 North Fayette Street,
Shippensburg

MIDPENN LEGAL SERVICES

*Offers assistance in filing a
protection from abuse (PFA) petition.*

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle
717-243-9400
800-822-5288

**MORNINGSTAR
PREGNANCY SERVICES**

*Pregnancy-related services
and information including
free pregnancy tests.*

503 Bridge St., New Cumberland
717-901-5433
www.morningstarchoices.com

**MOUNT HOLLY SPRINGS
FOOD BANK**

*Operates second Thursday of month
12 to 1 p.m. and 6 to 7 p.m.*
602 McLand Road, Mount Holly
Springs
717-528-7029

NEW DIGS MINISTRY INC.

*Assists families in need by providing used
furniture and household goods.*
717-620-9735
5 Pleasant View Drive
Mechanicsburg
www.newdigsministry.org

NEW HOPE MINISTRIES

*After school children and youth programs
from the Dillsburg, Dover, Enola, Lemoyne,
Mechanicsburg and Wellsville areas, as
well as summer camp programs.*
211 S. Baltimore St., Dillsburg
717-432-2087
www.nhp-pa.org

**PERRY COUNTY
AGENCY ON AGING**

717-582-5128

**PERRY C
OUNTY
ASSISTANCE OFFICE**

Crisis grants available for emergencies
717-582-2127
100 Center Drive, New Bloomfield

**PERRY COUNTY
CHILDREN AND YOUTH SERVICES**

717-582-2131

PERRY COUNTY FOOD BANK

For eligible Perry County residents
9 a.m. to 12 p.m. and 1 to 3 p.m., Monday
and Wednesday; 9 a.m. to 12 p.m. Friday
717-582-9978
300A S. Carlisle St., New Bloomfield

PERRY HUMAN SERVICES

*Provides drug and alcohol services, adult
social services, and educational programs
in the schools and in the community.*
717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield

**PERRY COUNTY
LITERACY COUNCIL**

Literacy services
133 S. Fifth St., Newport
717-567-7323
www.perryliteracy.com

PLANNED PARENTHOOD

Carlisle Medical Center
850 Walnut Bottom Road, suite 302
Carlisle
717-243-0515
www.plannedparenthood.org

PROJECT S.H.A.R.E. FOOD BANK

*Serves Carlisle, Mount Holly Springs,
Boiling Springs, Plainfield, Gardners,
Carlisle Springs, Middlesex Twp. and
nearby communities. Distribution varies
month to month.*
717-249-7773

SADLER HEALTH CENTER CORP.

*Provides services to
uninsured and underinsured.*
100 N. Hanover St., Carlisle
7:30 a.m. to 5:30 p.m., Monday through
Wednesday, and Friday,
7:30 a.m. to 7:30 p.m. Thursday
1100 Montour Road, Loysville
7:30 a.m. to 4 p.m. Monday, Tuesday,
Wednesday, Friday;
9 a.m. to 5:30 p.m., Thursday.
717-218-6670
www.sadlerhealth.org

SAFE HARBOUR

*Provides bridge housing and self-
enhancement programs for homeless
and potentially homeless single adults
and families.*
717-249-2200
102 West High St., Carlisle

THE SALVATION ARMY

Provides various services.

717-249-1411

20 E. Pomfret St., Carlisle

SENIOR CENTERS

Big Spring 717-776-4478

Carlisle 717-249-5007

Enola 717-732-3915

Mechanicsburg 717-697-5947

Shippensburg 717-530-8217

West Shore 717-774-0409

UNITED METHODIST HOME FOR CHILDREN INC.

Provides emergency shelter and residential treatment for children on 56-acre campus in Cumberland County. Children are referred to the home primarily by county children and youth agencies and family courts.

717-766-7652

5120 Simpson Ferry Road

Mechanicsburg

www.umhcservices.org

UNITED WAY

United Way of Carlisle and

Cumberland County

717-243-4805

145 S. Hanover St., Carlisle

www.carlisleunitedway.org

YORK COUNTY

ACCESS YORK

(YWCA York)

Dedicated to helping victims and their children who suffer from abuse or threatened abuse; assists in preparing a Protection From Abuse (PFA) petition.

800-262-8444

717-846-5400

717-637-2235 (Hanover)

www.ywcayork.org/victim-services

BELL SOCIALIZATION SERVICES FAMILY SHELTER/BRIDGE HOUSING

Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.

717-848-5767

160 S. George Street, York

www.bellsocialization.com

CENTRO HISPANO JOSE E. HERNANDEZ

Assists Hispanic community in York.

717-846-9434

225 E. Princess St., York

www.chjh-york.org

CHILDREN'S HOME OF YORK

Provides social services for children.

717-755-1033

77 Shoe House Road, York

www.choyork.org

FAMILY FIRST HEALTH

Provides medical and dental services.

116 South George St, York:

7 a.m. to 7 p.m. Mon. through Weds.

7 a.m. to 5 p.m. Thursday and Friday

717-845-8617

Hannah Penn Center:

415 E. Boundary Ave., York

7:30 a.m. to 4 p.m., Monday to Friday

717-843-5174

Lewisberry office:

various hours

308 Market St., Lewisberry

717-938-6695

www.myfamilyfirstthealth.org

HEART OF MARY PREGNANCY SUPPORT SERVICES

Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.

717-843-7986

26 E. College Ave., York

MIDPENN LEGAL SERVICES

Offers assistance in filing a protection from abuse (PFA) petition.

York office:
29 N. Queen St., York
717-848-3605

NEW HOPE MINISTRIES

After school children and youth programs from the Dillsburg, Dover, Enola, Lemoyne, Mechanicsburg and Wellsville areas, as well as summer camp programs.

211 S. Baltimore St., Dillsburg
717-432-2087
www.nhp-pa.org

OUR DAILY BREAD

City soup kitchen.
717-848-1674

331 S. George Street, York

**YORK COUNTY
AREA AGENCY ON AGING**

717-7719610
100 W. Market Street, Suite 102, York
www.ycaaa.org

CHILDREN & YOUTH SERVICES

717-846-8496

CRIME STOPPERS

877-409-4321
www.yorkcrimestoppers.com

DOMESTIC ABUSE HOTLINE

800-262-8444

HUMAN SERVICES CENTER

717-771-9347
800-441-2025

VICTIM SERVICES

717-771-9600
877-326-8262 (hotline)
45 N. George St., third floor, York

**YORK COUNTY
LITERACY COUNCIL**

Literacy services for adults.
717-845-8719

800 East King Street, York
www.yorkliteracy.org

YORK RESCUE MISSION

City soup kitchen and homeless shelter.
717-845-7662

363-373 West Market Street, York
www.yorkrescuemission.org

UPPER DAUPHIN COUNTY**HALIFAX UNITED METHODIST
CHURCH**

Food bank. Serves residents in Halifax and Millersburg area.

717-896-8092
Mondays, 9 to 11 a.m.
Tuesdays and Thursdays, 4 to 6 p.m.
1st, 3rd and 5th Saturdays, 9 to 11 a.m.
105 Wind Hill Road, Halifax
www.halifaxumc.com

**MILLERSBURG ASSEMBLY
OF GOD CHURCH**

Food bank
2261 Shippen Dam Road, Millersburg
717-692-3904
9:30 a.m., second Saturday of month

**NORTHERN DAUPHIN
FOOD PANTRY**

717-905-2512

**NORTHERN DAUPHIN
HUMAN SERVICES CENTER**

Children and youth services
295 State St. Elizabethville
717-893-3344

**WHERE
TO GO
WHEN YOU NEED
HELP**

2013 EDITION